

Girlguiding Hertfordshire Youth Opportunities

Adult Leaders and coordinators: Please read this newsletter and share this with members aged 13+, including leaders, Rangers, Young Leaders and older Guides. This will help us ensure that everyone understands the opportunities available and knows who to contact to find out more.

The Girlguiding Hertfordshire Youth Opportunities team is here to support those members aged 13+ but in addition we also support the leaders of these girls. This edition of our newsletter is focussing on the area of Young Leaders. They are an amazing resource to any adult leader and, as leaders of tomorrows Guiding units, we need to nurture and support them in their Young Leadership roles.

We hope Girlguiding has been able to provide a bit of stability for you all during these turbulent times and that you are all got the results you deserved during the summer. We hope you are all getting on OK, and please remember your unit leaders are here to support you!

Covid-19 has unfortunately changed the current opportunities available for our members, however, Girlguiding Anglia pulled together a really useful guide to Young Leader opportunities. In case you missed it, here's a link: <u>https://www.girlguiding-anglia.org.uk/young-leader-opportunities</u>

Young Leader Qualification:

Are you a Young Leader or an adult leader with Young Leaders in your unit? If so, have you considered completing the Young Leader qualification? This is designed for Young Leaders who are working with a unit and gives the opportunity to learn, develop and earn a qualification which you can put on your CV.

The qualification can take anywhere from 6 months to a couple of years, it's up to you and support is provided by your unit leadership team.

There is a workbook to complete, which tells you what you need to do, as well as giving you a space to record your thoughts/observations. It can be downloaded from here:

https://www.girlguiding.org.uk/globalassets/docsand-resources/learning-and-development/youngleader-qualificatiion/Young-leader-qualificationinteractive-workbook.pdf

Once you have completed all of the modules, your unit leader can sign off your qualification, and get in touch with Amy Gilbert, County Young Leader Adviser at: <u>YL@girlguidinghertfordshire.org.uk</u>

Once finished, the YLQ will be recorded on your GO record and you'll receive a badge and certificate in recognition of your hard work ©



New uniforms for Young Leaders - Back in stock A new Young Leader uniform has been launched and it is finally back in stock after some Covid-19 related outages. If you haven't yet got a uniform/are looking to get a new one, the new uniforms look great and can be purchased from local depots, the Anglia region shop or the Girlguiding shop. Maybe your unit can purchase some of the uniform for you?



A Safe Space Level 1 & 2

Young Leaders are required to complete A Safe Space level 1 & 2 training, this is important as safeguarding all of our members is vital. These can both be accessed as an e-learning, found here:

https://www.girlguiding.org.uk/making-guidinghappen/learning-and-development/a-safe-spacetraining/

All leaders and Young Leaders will need to have completed this training by the end of December 2020. Completing level 1 & 2 takes about 30-45 minutes. You will need your membership number to record completion of this training, please ask your unit leader what your membership number is if you don't know.

Girlguiding Hertfordshire's Advocate Alice makes it into the national news!

Alice, a Young Leader from St Albans is part of Girlguiding's Advocate panel. Advocates are a group of 18 Girlguiding members aged 14 to 25 who lead the direction of Girlguiding's advocacy and research. In August, results of a survey carried out by Girlguiding found that 34% of women and girls aged between 11 and 21 would not post a picture of themselves online without using a filter or editing tool to enhance it first.

Alice was one of the advocates interviewed by the national press to report on the findings of this research. Follow the link below to read about their inspiring work:

https://news.sky.com/story/not-pretty-enough-thirdof-girls-delete-pictures-of-themselves-withoutenough-likes-study-finds-12057201

Young Leader Interview:

The Young Leaders of 11th St Albans Brownies have spoken to Amy, the County Young Leader Adviser about their roles. Here's what they had to say:

What is your favourite part of being a Young Leader?

Marcy: For me, being a Young Leader is just a really rewarding thing to do, so my favourite part is working with, and helping, the Brownies.

Sophie: My favourite part of being a Young Leader is being involved in a team, having fun with the Brownies and passing on the Guiding spirit! Agnes: Helping the younger Brownies come out of their shell and become involved in the games and activities.

Are you working towards/have you completed your Young Leader qualification?

Marcy: I'm working towards it. I've very nearly finished it!

Agnes: I'm also working towards it and have almost completed it. Hopefully I'll have finished by the end of this term.

Sophie: I've only recently turned 14, so I will be starting it from September.

Why did you become a Young Leader?

Agnes: I became a Young Leader as Brownies created so many positive memories for me growing up and pushed me out of my comfort zone and I wanted to help others have that too!

Marcy: I initially became a Young Leader for Bronze DofE but have stayed because I enjoy it so much! It's helping me grow as a person. Sophie: Also for my Bronze DofE!

What is your favourite Guiding memory?

Sophie: Camps I've attended and the Big Gig Agnes: My favourite Guiding memory is definitely visiting the houses of parliament and No. 10 when I was 9 as it just seemed so magical and exciting as I'd only ever seen it on TV.

What piece of advice would you give to a new Young Leader?

Sophie: Involve yourself, have fun, be confident and have a good time C

Marcy: My advice to a new Young Leader would be to aim to be responsible, but still have lots of fun with the girls in your section because then you can earn their trust!

Agnes: Try to get involved as best you can with the activities and games, they can be fun for leaders too!

Speaking of activities and games, all 3 of the Young Leaders have a different favourite game/activity, but they'd like to share Queen's Got a Headache with you all.

Activity Idea - Queen's Got a Headache

Members are to line up on the far side of the room, facing the leaders who will be stood at the other end.

Three members will sit on chairs near the leaders, two will be facing the members, and one will be facing the other way (this member wears a necker/blindfold so they can't see who is coming as our windows are reflective!). The member facing the other way is the 'Queen' and they've got a headache! These three members hold hands.

The leader of the game will point at a member who is waiting patiently on the far side of the room, and say "Started". The member will then creep (or runwhatever they choose) across the room. The aim of the game is to tap the Queen on the shoulder before she hears you...

If the Queen hears a member approaching, she will squeeze the hand of the member next to her, who will squeeze the hand of the member on the end of the row who shouts "STOP". When they stay stop, the member must stop where they are, and another member gets a chance to reach the Queen.

If a member successfully taps the Queen, the Queen joins the members on the far side of the room, the person in the middle becomes the new Queen, the "STOP" caller sits in the middle and the person who reached the Queen sits on the free chair. Everyone else goes back to the start on the far side of the room.

It needs to be nice and quiet for this game to work well, the Queen needs to be able to hear people coming.

We've found this game is loved by the girls & leaders!





Congratulations:

Isabel Adams Young Leader Award Lucy Madden Jess Court Libby Elmer Eloise Green Katie Inskip

Eloise Green Commonwealth Award Olivia Roth Emily Denning Victoria Willott Madison Emmett

Well done to you all

So what next?

- Have you found a great challenge/game/activity that you'd like to share with us all?
- We are looking to design a badge for the Youth Opportunities team, have you got any ideas for what this should look like?

If you fancy writing an article or submitting your favourite activity or game, please send it in and share with your Guiding family.

Our next edition, with an International theme is due out early in 2021 Send your badge designs and challenge ideas to: <u>youthops@girlguidinghertfordshire.org.uk</u>

Youth Opportunities Team:

Team Leader Commonwealth Award DoE International

Outdoor Peer Education Queen's Guide Award Rangers Walking Young Leaders Catherine Farman Catherine Farman Katie Wright Lorraine England & Karen Dance Sarah Wright Tricia Botten Joy Grahame Catherine Farman Alison Tuch Amy Gilbert youthops@girlguidinghertfordshire.org.uk youthops@girlguidinghertfordshire.org.uk dofe@girlguidinghertfordshire.org.uk international@girlguidinghertfordshire.org.uk

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