

TIGER TIGER

Chinese New Year 2022 Challenge Badge



2022 is the Year of the Tiger!

Celebrate Chinese New Year (Tuesday 1st February 2022) by gaining our Tiger Tiger challenge badge. We have included lots of ideas in this pack but feel free to add your own! This badge could be completed in one evening in a round robin style evening (see suggested activities later in this pack).

All profits raised from the sale of these badges will support our fundraising for Girlguiding via a Discover Adventure Great Wall of China Trek (taking place in October 2022).

Badges are £1.20 each – see the order form on page 2 of this pack.

There is a page with some programme links towards the end of this pack to help you tick off UMAs and skills builders whilst also gaining a fun extra badge.

Tiger Tiger Badge Order Form

Cost: £1.20 per badge (Size of badge = 65mm)

Plus 2nd class signed for postage:

£2.09 for 1-5 badges, £2.36 for 5-18 badges, £2.93 for 19-30 badges, £3.39 for 31+ badges. Where possible, we will deliver badges to units local to us, rather than posting.

BACS payment is preferred however you may make payment via cheque

BACS Details Account Name: FIRST BALDOCK BROWNIE PACK

Sort Code: 20-41-12 Account Number: 60132225

Reference: 'Unit Name' 'Number of badges ordered' e.g. 1stBaldock30

If paid by BACS, email lisa.gascoine@btinternet.com with the following information:

Your name

Unit name

Name of the badge you are ordering (Tiger Tiger)

Number of badges

Address for badges to be posted to

Date paid and reference used

International postage will incur an additional charge – please email prior to ordering

✂-----

Cheques made payable to **First Baldock Brownie Pack**

Your name:

Unit name:

Your email address/contact number

(We have asked for contact details in case of any problems with payment or supply)

Badge name: Tiger Tiger

Number of badges:@ £1.20 per badge + postage as above = £.....

Address for badges to be posted to:

.....

.....

Post this form with cheque to:

1st Baldock Brownies c/o Lisa Patterson

71 Larkins Close

Baldock

Herts

SG7 5DG

Year of the Tiger

Facts about the year of the tiger: <https://www.chinahighlights.com/travelguide/chinese-zodiac/tiger.htm>

Personality characteristics of those born in the year of the tiger:
https://www.travelchinaguide.com/intro/social_customs/zodiac/tiger/

Meaning of tiger in Chinese culture: <https://asianinspirations.com.au/experiences/the-tiger-in-chinese-culture/>

Writing tiger in Mandarin:

- <https://www.youtube.com/watch?v=KhgUxprmlto>
- <https://www.youtube.com/watch?v=IAU2civ8ifg>

Tiger Music – make up a dance or learn to sing or play one of these songs on an instrument

- Tiger Feet (by Mud)
- Eye of the Tiger (by Survivor)
- Roar (by Katy Perry)
- I'm a Tiger (by Lulu)
- The Wonderful Thing About Tiggers (from Winnie The Pooh)

Tiger Books and Poetry

Read a book about tigers or write your own poem about tigers

- A Tiger Came to Tea
- Tiger by Polly Clark (Guides +)
- The Tyger by William Blake: <https://www.poetryfoundation.org/poems/43687/the-tyger>
<https://discoverpoetry.com/poems/tiger-poems/>

Watch a tiger movie (or a movie with tigers in!)

- Jungle Book
- Aladdin
- Life of Pi
- Two Brothers
- Mowgli
- Winnie The Pooh

Famous Tigers

Draw or paint a picture or write a story about your favourite famous tiger

- Tigger (Winnie The Pooh)
- Shere Kahn (Jungle Book)
- Master Tigress (Kung Fu Panda)
- Rajah (Aladdin)
- Tony the Tiger (Frosties)
- Vitaly (Madagascar 3)
- Richard Parker aka The Cat in the Boat (Life of Pi)
- Diego (Saber-toothed Tiger – Ice Age)

Tiger Baking

Tiger bread

- <https://www.bbcgoodfood.com/recipes/tiger-bread>
- <https://www.bakingmad.com/recipes/tiger-bread>

Tiger cupcakes/cookies

Tiger cake: Either make some tiger shaped cupcakes or perhaps decorate a cake in the shape of a tiger or with tiger stripes

- <https://www.mycakeschool.com/blog/how-to-make-a-cake-with-zebra-stripes-on-the-inside/>
- <https://hungerthirstplay.com/tiger-king-themed-tiger-cake/>



Tiger Facts

Find out 5 facts about tigers and make a poster to share with your unit

- <https://www.natgeokids.com/uk/discover/animals/general-animals/10-tiger-facts/>
- <https://www.earthrangers.com/top-10/top-ten-tiger-facts/>
- <https://kids.kiddle.co/Tiger>

History of tigers – how are they related to other cats

- <https://kidzfeed.com/saber-tooth-tiger-facts-for-kids-best-for-school-research-projects/>

Conservation

Find out about why big cat conservation is important:

<https://blog.education.nationalgeographic.org/2015/11/30/five-reasons-to-save-big-cats-according-to-kids/>

Visit a Zoo or wildlife park and learn about tigers

Bake sale with your tiger baking – raise money for a charity that supports tigers e.g. WWF, Born Free, Big Cat Sanctuary

- <https://www.bornfree.org.uk/tiger-conservation>
- <https://www.wwf.org.uk/learn/wildlife/tigers>
- <http://thebigcatsanctuary.org/about/>

Tiger Arts & Crafts

- Tiger mask
- Origami Tiger: <https://www.youtube.com/watch?v=VT-WGB0le0Y>
- Origami Tiger Bookmark <https://www.youtube.com/watch?v=NmePciwbxnk>
- Corner Tiger Bookmark: <https://www.youtube.com/watch?v=C-ybZMlqBLA>
- Collage – create a collage all about tigers or try making a picture in collage style with only orange and black colours
- Knitting
- Crochet: <https://jesshuff.com/thomas-tiger-free-amigurumi-pattern/#wprm-recipe-container-1808>
- Tiger stripes – get creative with tiger stripes e.g. make a painting or drawing, knit a scarf or hat.

Round Robin Activity Evening: Split the girls into small groups to travel around the room visiting a selection of activities and complete the badge in one evening. You could choose to make it more tiger-focused or more traditional Chinese New Year themed (see details later in this pack). We would suggest 4-6 activities.

① DANCE

Make up a dance to
Eye of the Tiger or
Tiger Feet

② COOKING

Decorate a cupcake
to look like a tiger

③ SKILLS

Chopstick Challenge
Game: Learn to use
chopsticks

④ CRAFT

Make a Chinese
lantern

⑤ KNOWLEDGE

Learn to write Tiger
in Mandarin or
Cantonese

⑥ CRAFT

Make a tiger
bookmark

⑦ CRAFT

Make a traditional
Chinese red
envelope

⑧ KNOWLEDGE

Make a poster about
tiger facts

⑨ CRAFT

Make a Chinese fan

⑩ CRAFT

Make a tiger mask

⑪ SKILL

Complete a word
search

⑫ FOOD

Taste/make Chinese
foods

List of supplies needed for the Brownies/Rainbows round robin activity evening:

1. Device for playing music e.g. CD player
2. Homemade or shop bought cupcakes, icing tubes, chocolate buttons, strawberry laces etc.
3. Chopsticks and items to pick up e.g. peas, chopped carrots, apple, cucumber, packing chips, rubbers
4. Instructions in this pack, paper, glue and sellotape
5. Print out of Chinese writing, paper and paint brushes
6. Paper, pens, glue. Instructions for tiger book mark: <https://www.redtedart.com/make-your-own-tiger-bookmark-corner/>
7. Instructions for red envelopes, paper and pens (see later in this pack).
8. Books about tigers or printed information from the internet. Paper, pens, felt-tips.
9. Instructions to make fan in this pack, lollipop sticks, paper, pens, glue, double-sided sticky tape
10. Paper, pens, glue, string
11. Word search – in this pack
12. Recipes (see later in this pack)

Guides/Rangers Round Robin Activity Evening

Guides and Rangers could plan their own evening with any choice of activities.

Possible ideas:

1. Make tiger bread
2. Cook Chinese food and learn how to use chopsticks
3. Focus on tiger conservation and consider how you could contribute to conservation.
4. Tiger themed baking e.g. decorating a cake as tiger

Red Envelopes



Red envelopes containing money can be given at New Year, at birthdays, weddings and other celebrations.

The colour red is a symbol of good luck and wards off evil spirits.

The envelopes are often decorated with characters relevant for the occasion.

For example, this is a Chinese New Year red envelope and the characters mean “Rolling Good Luck”.

Have a go at making your own using the template available here:

<https://www.firstpalette.com/craft/chinese-red-envelope.html>

Learn more about the tradition of giving red envelopes:

<https://www.chinahighlights.com/travelguide/festivals/red-envelop.htm>

Paper Lanterns

1. Start with a sheet of A4 paper
2. Cut 2cm strip off the long edge of the paper – this will be the handle



3. Fold the main piece of paper in half lengthwise
4. Cut strips from the fold but do not cut all the way to the edge of the paper



5. Unfold the paper
6. Join the short ends of the paper together with tape or staples
7. Tape or staple the handle to the lantern.



You could make lots of different colours and put them on a piece of string or ribbon. Maybe use them to decorate your meeting place for a Chinese New Year themed meeting.

Paper Fans

Make traditional circular Chinese fans. The original Chinese fan, the circular tuánshàn 團扇, is said to have been modelled after the full moon, and signifies union and happiness.

Or if short on time or wanting to make these with Rainbows – try decorating ready-made fans available from companies such as Baker Ross.

Fan Instructions – Need 3x A5 paper and 2 lollipop sticks per fan.

Here we've used different coloured paper but you could use already patterned paper or you could draw patterns on the paper prior to folding and making the fan.

- ① Score or pre fold paper to get even creases along the long edge of the paper



- ② Fold each piece of paper with concertina/zigzag folds



- ③ Fold each piece of paper in half once concertina folding is complete



- ④ Stick the three fans together (on both sides) with either a glue gun, PVA or sellotape.



- ⑤ Secure a lollipop stick on to each free side of the fan



- ⑥ Your fan is now ready to use and can be folded up and stored/carried. You could secure the lollipop sticks together with a small elastic band



Noodles

Eating noodles at Chinese New Year is traditional because the long length of the noodles symbolise a long life. It is important not to cut the noodles when eating them as this will shorten them and therefore the life they represent.



You can adapt this recipe (for up to 10-12 people depending on portion size) to your own taste or allergy requirements e.g. using gluten free noodles and soy sauce

Or try making up your own recipe!

Ingredients

500g long noodles – you could use rice noodles or egg noodles or even spaghetti
1 pack of bacon (8-10 rashers) or cooked ham
4 carrots
Bunch of spring onions
¼ of white cabbage
Pack of mushrooms (250g)
Salt
Oil
Soy sauce

Method

1. Chop the spring onions and mushrooms and shred the carrots and cabbage.
2. Heat a wok or pan to a medium heat with a tbsp. of oil
3. Add the meat (if cooking from raw), followed by cabbage and carrots and then mushrooms and spring onions
4. Season with salt and pepper and soy sauce
5. Cook the noodles or spaghetti as per the packet instructions
6. Add the noodles to the pan and add some more soy source
7. Serve in bowls and enjoy. Maybe try using chopsticks!

Dumplings

Try making dumplings – either make your own bases or buy ready-made cases



Try changing the filling for what you would prefer to eat – vegetarian, pork, prawn, chicken

You could try steamed or pan-fried dumplings

Visit <http://asiandumplingtips.com/for> recipes (including gluten-free) and how-to videos

This website has a recipe specifically aimed at making dumplings with children:

<https://www.misspandachinese.com/fun-in-the-kitchen-lets-make-chinese-dumplings/>

Recipe (for 30 dumplings)

Ingredients

Pack of pork mince

Bunch of spring onions

Cooked prawns (or leave out if you prefer)

Seasonings and flavourings e.g. ginger paste, garlic paste, herbs or chilli

Soy sauce

30 ready-made gyoza wrappers

Method

1. Finely chop spring onions
2. Mix pork, prawns, spring onions and desired seasonings including soy sauce into a paste that you can shape with your hands
3. Put a teaspoon of filling in the centre of each dumpling wrapper
4. Dampen the edges of the dumpling with water, fold in half and seal.
5. Heat oil in a saucepan
6. Add dumplings to the saucepan and fry for 5 minutes or until browned on one side.
7. Pour in boiling water into the pan (1 inch depth) and put the lid on
8. Steam for 20 minutes
9. Enjoy!

Custard Buns

There are lots of different recipes online.

For the custard filling you usually need wheat starch. These buns were made with the recipe from the link below but using flour instead of wheat starch. The taste was good but the custard did sink to the bottom of the bun. These were steamed in a standard metal vegetable steamer with greaseproof paper underneath in each layer.

<https://www.chinasichuanfood.com/custard-bun-milk-yolk-buns/>



Fortune Cookies

Often served as a dessert in Chinese restaurants in the UK or USA but fortune cookies are not actually traditional in China.

Perhaps you could make fortune cookies with the notes being acts of kindness or suggestions of how to do a good turn or lend a hand.



Try one of these recipes:

<https://www.bbcgoodfood.com/recipes/fortune-cookies>

<https://www.allrecipes.com/recipe/58640/fortune-cookies-so-easy/>

These are just some suggestions of the foods you could make. Mix it up and try out different recipes. For example, try spring rolls, rice dishes, other types of dumplings or buns, soups etc.

China Challenge Badge Wordsearch

N Q J O B T R U Z J C W H R A
B O W Q A N A R V S V H T M B
I L O O B U W F T B O E I O Y
T Z O D I A C R M R M L B N V
Y A M D L L A U S P Z C B Y A
D F O O U E P E L A I S A P J
R E N G Y M S E D T I G R F F
A P K W N G P N R P U A S G W
G R E A T W A L L Q T R R Y A
O N Y P N P C H I N E S E L Q
N N I J P S C D Y N A S T Y T
O A I J V U T Z U S G D S T W
P R E G I T E P T W Y S O Z R
B P J W X E I X G U S Q O L G
K P X E T I B M M D T Y R A Z

ASIA
CHINESE
DRAGON
GOAT
MONKEY
PANDA
RAT
TEA
ZODIAC

BEIJING
CULTURE
DUMPLINGS
GREAT WALL
NEW YEAR
PIG
ROOSTER
TEMPLE

CHINA
DOG
DYNASTY
HORSE
NOODLES
RABBIT
SNAKE
TIGER

Programme Links

UMA Links (Brownies – likely to be similar themed UMAs for Rainbows and Guides)

Take Action

Save the Planet UMA: All creatures great and small: 20 minutes

Explore the reasons why tigers are endangered and decide on how you can help

Community Action UMA: Charity Choices: 60 minutes

Linked to All creatures great and small UMA – support WWF or another charity that helps tigers

Better Together UMA: Game On: 45 minutes

A tiger, a dormouse, a seal and a rabbit – activity games

Skills for my Future

DIY UMA: Room in a box: 60 minutes

Adapt this activity to instead make an enclosure for a tiger. Conservation and breeding programmes are very important for wildlife parks and zoos. Become a keeper and consider all the things your tiger family would need and extras which you think they would like (older girls could learn about enrichment for animals in captivity).

Know Myself

Time Traveller UMA: Momentous monuments: 60 minutes

Find out how monuments help us remember history – you could focus on the Great Wall of China

Have Adventures

Exploring Nature UMA: Fox, frog, flea

Change the fox to a tiger and the frog to a pig. Make actions and noises linked to the animals. Learn about the tiger food chain: <https://prezi.com/hbzbkohzvwdi/a-tigers-food-chain/>

Exploring Nature UMA: Strike a Light.

Learn how to strike a match. In the book/film Jungle Book, the tiger Shere Kahn is frightened of the fire. Learn how to be safe with fire.

Express Myself

Storytelling UMA: Catch a Story: 15 minutes

Start the story line with “Once upon a time there was a tiger...”

Storytelling UMA: Odd socks: 60 minutes

Make tiger puppets

Spotlight UMA: Hootenanny: 45 minutes

Dancing – adapt the line dancing idea for set disco moves or line dance to Tiger Feed by Mud

Skills Builder Links (Stage 2 for Rainbows/Brownies and Stage 3 for Brownies/Guides)

Take Action Skills Builder: Influence Stage 3

Make my voice louder: 45 minutes - How to make a positive change, learn about pressure groups

Take Action Skills Builder: Make a Change Stage 2

Changing Minds: 45 minutes – Do you think the same as everybody else?

You could complete this SB by thinking about whether zoos and wildlife parks are good places for animals like tigers to live.

Skills for My Future Skills Builder: Lead Stage 2 → Design Time: 45 minutes – Design a zoo

Skills for my Future Skills Builder: Lead Stage 2

Dance Challenge: 45 minutes – Dance to one of the tiger songs in this pack

Further ideas taken from our Great Wall of China Challenge Badge which we sold for Chinese New Year in 2020 if you want a more traditional themed evening

Chinese New Year

The holiday is often 7 days long, running from the Lunar New Year's Eve to the 6th day of the first lunar month. Some people celebrate the festival for longer, ending on the 15th day of the first lunar month which is the Lantern Festival. Tuesday 1st February is Chinese New Year in 2022.

Activities you could try:

- Have a Chinese New Year celebration at your unit or on Pack Holiday
- You could start by cleaning the area you'll be using – it is traditional to clean before the New Year's Eve celebrations begin (to sweep away bad luck) and then not to clean again until after the celebrations have ended.
- Then you could make lanterns as in our craft section and decorate the area you'll be using. You could also make red envelopes.
- You could prepare a feast using some of the recommended recipes in this badge.
- More information on the traditions to help you plan your celebration: <https://chinesenewyear.net/>
- Learn what it is important not to do during Chinese New Year Festival: <https://chinesenewyear.net/tabooos/>
 - You could learn how to say Happy New Year in Mandarin: <https://www.youtube.com/watch?v=y2ntGC5bX7M>
 - Learn about the 12 animals of the zodiac:
 - Find out what the animal was the year you were born
 - Find out about the animal of the current year – 2020 will be the year of the Rat
 - Find out what the different animals symbolise
 - Learn about the Chinese 5 zodiac elements and what they represent
 - More information: <https://www.chinahighlights.com/travelguide/chinese-zodiac/>

Learn about the Lantern Festival (last day of the traditional New Year celebrations)

- Make lanterns such as in our lantern craft → They are often red to symbolise good fortune
- Learn about the history and traditions around this day. More information: <https://chinesenewyear.net/lantern-festival/>

Talking in Mandarin

Mandarin is the 'standardised' language in China, understood by 2/3 of the population in China. There are many other languages spoken in China, with Cantonese being very common. You could think about learning some phrases in Cantonese as well or instead of Mandarin.

Mandarin and Cantonese are both tonal languages meaning that the tone you speak in has importance in the meaning of what you say. English is not a tonal language and so it can be very difficult for English-speakers to learn a tonal language. Mandarin has a first, second, third, fourth and neutral tone.

Learn some basic phrases in Mandarin such as hello, goodbye, thank you, please, counting to 10, my name is... There are lots of videos online with examples of how to say different things

Helpful phrases: <https://www.youtube.com/watch?v=S0ssoXyQ7Ek>

Counting to 10: <https://www.youtube.com/watch?v=2eLP3FuuEVs>

Brownies could also gain their **Languages interest badge** if they

- Complete this "talking in Mandarin" section and master 4 basic phrases from their badge book
- Learn about Chinese New Year and try making one craft or one recipe in this section
- Learn 10 words in Mandarin connected to Chinese New year
- Teach what they have learnt to someone else or practice what they know with a fluent speaker

Branding Approval

← FW: Tiger Tiger Badge



Branding Matters <BrandingMatters@girlguiding.org.uk>
Wed 10/11/2021 11:35



To: You



Dear Kathryn,

Many thanks for your email and for sharing your Tiger Tiger badge design. I can confirm this meets our branding requirements and is OK to produce.

Wishing you success with raising funds for the trek

Kind Regards
Ruth

Photo Permissions

Images of noodles, dumplings and fortune cookies are freely available non-copyright photos from pexels.com and unsplash.com

Images of the tiger cake, fan, lantern and custard buns are my own photos

Image of the red envelope is a friend's photo, given with permission to use in this pack.

Other Badges

If you like this badge, why not have a look at our other available badges – these are advertised on the Girlguiding Unofficial Challenge Badges (For Leaders) Facebook Page or you can find the badge packs via the links below.

Snow is Falling

Perfect for completing in January/February with lots of programme links for Rainbows to Rangers

[Snow is Falling Challenge Badge Pack](#)



Flower Power

A great badge all year round, particularly in Spring and Summer

[Flower Power Challenge Badge Pack](#)

