

Anglia 2024 walking events



16h Outdoor First Aid Course, Whipsnade, Bedfordshire, 10-12 May

2 days essential training on the hill with 2 nights in a Girlguiding bunkhouse. Age 16+ The training will include scenarios and teaching on the hill. The event provider, Kelvyn James of Mountain Services, is a Mountain Training director & provider, an IML and former president of BAIML, a first responder and teaches first aid to British Red Cross trainers. He has tons of experience and stories to tell. £172 per person inclusive of accommodation and Saturday dinner.

Social Walking, Kirknewton, Northumberland, Thurs 30 May–Sun 2

June. 3 nights, in a Girlguiding bunkhouse, <u>not</u> the bank holiday weekend. Age 18+ Social event suitable for experienced and inexperienced navigators alike, ready for some relaxed social hillwalking in rolling countryside, for about 5 hours a day. Walks will be organised with qualified leaders and for those that want it, level 2 navigation practice will also be possible. £60 catered plus optional pub dinner Saturday evening or self-cater.

Social Walking, Rydal, Lake District Thurs 22 – Tues 27 Aug. Age 18+

5 nights in Rydal Hall Bunkhouse, social / log book walking, over the bank holiday weekend Social event suitable for those with some navigation experience, who love mountains and are happy walking for 5 hours minimum. We will aim for quality mountain days for Level 3 and mountain leader logbooks. Easier lakeside or level 2 walks also possible but will need to be selflead. £120-150 (dep on numbers) catered, plus option of 1-2 pub dinners or self-catering.

Social, Training and Assessment, Peak District Fri 1 – Sun 3 Nov

2 nights at Whiteley Wood OAC, bunk house accommodation, fully catered, Age 16+ Focus on Walking Scheme level 1 and 2 training & assessment and for those who've reached the final hurdle, a chance to complete the supported walk. The Water Safety module and night navigation will also be available depending on demand. Social walks in beautiful countryside will be organised and lead by qualified leaders, providing a great opportunity to build up logbooks. Approx £130 for training or assessment and £70 for social, tbc nearer the time.

Email your region walking lead volunteers Alison Tuch & Moira Ledbetter <u>walking@girlguiding-</u> <u>anglia.org.uk</u> to book events or to discuss your log book & training requirements.