

Before you get started

Can you find out what type of bird I am
and why I'm important?

Activity pack
GOLD Nigeria
2023



Find out a little more about GOLD Nigeria 2023

What is GOLD?

GOLD stands for Guiding Overseas Linked with Development and empowers young women to work in partnership with other guide associations around the world to deliver guiding-based development projects. These projects are tailored to the needs of each partner country and range from leadership skills training to delivering advocacy programmes to young women. GOLD projects are designed to be sustainable and make a lasting difference.

This year the Nigeria 2023 GOLD team are working alongside the Nigerian Girl Guides Association to develop peer education tools and techniques around wellbeing, decision making, leadership and confidence.

This activity pack is a way you can get involved too to learn more about Nigeria. There are 7 sections: WAGGGS, the NGGA, nature, food, art and culture, language, and history. Each section has 3 activities for you to have a go at.

How to earn your badge:

Rainbows: 1 from each section

Brownies: 1 from each section and 3 others

Guides and Rangers: 1 from each section and 7 others

Inspire/Trefoil: 2 from each section

We hope you enjoy finding more out about Nigeria! We'd love to see what you get up to. Tag us on social media:



Instagram: [@gold_nigeria2023](https://www.instagram.com/gold_nigeria2023)

Facebook: [Gold Nigeria 2023](https://www.facebook.com/GoldNigeria2023)

WAGGGS

Girlguiding and the Nigerian Girl Guides Association are both member organisations of the World Association of Girl Guides and Girl Scouts (WAGGGS). This section is all about the largest voluntary movement dedicated to empowering girls and young women in the world.

Have you come across a WAGGGS activity resource before? Find a new activity on the WAGGGS website to have a go at. It could be a stand alone activity or one from part of a resource. What did you think of it?

There are currently Guides and Girl Scouts in 152 countries. Pick a country to look into what their Guiding is like, what's their promise and what sections do they have?

WAGGGS has 5 world centres. Find out what they are and try some games, activities or food they have at these places round the world.

Nigerian Girl Guides Association

The Girl Guides Association is a voluntary Organisation made up of females of all age groups of leaders founded by late Lord Robert Baden Powell in 1910. Find out more about the NGGA. This section is all about the NGGA.

The NGGA has their own trefoil. Compare it to Girlguiding's trefoil. What's the same and what's different? Have a go at designing your own trefoil and think about what the parts of it mean to you.

Have a look at the NGGA's promise and the guide law. Find 5 ways you have done things that line up with this in the last week.

The NGGA says "Our duty is to inspire others because we are role models." Who is your role model and what do they do to inspire you? If you know them tell them what you think.



Nature

The environment, animals and habitats in Nigeria are diverse. This section is all about exploring Nigeria's natural side.

Nigeria has a few native animals. Some of these are the pangolin, the puff adder and cuckoos. What you can find out about one of these animals? Share what you've found with your group.

There are over 1000 types of butterfly in Nigeria. Can you make a shadow animal with your hands of a butterfly? What's your butterfly's name? Does it have a story?

95% of the rainforest in Nigeria has been lost. One way we can help to stop deforestation is to understand our carbon footprint and reduce it. Find out what your carbon footprint is ([insert link](#)) and commit to two ways to reduce yours for the next week.



Food

Lots of the food in Nigeria is different to food in the UK. This section is all about trying something new.

Find out what is popular in Nigeria and create a meal plan or menu for the day. Need somewhere to get started? Try this sample meal plan for a few ideas.

Try something new – have a go at cooking something! Have a look at these classic Nigerian recipes or find your own.

Learn about the Nigerian food pyramid and staying healthy, share it with someone else in a creative way (a dance? Poetry?).

Art and culture

Nigeria has a vibrant art culture going back thousands of years, full of colour and inspiration. This section is all about expressing your creative side.

Masks have been used in celebrations across Africa and Nigeria such as weddings and festivals for thousands of years. Make your own mask for a celebration coming up soon.

Have a go at creating your own art and paint a Nigerian sunset like this one by Zinno Orara.

Music is an important part in Nigerian culture, what does music mean to you?





Language

Nigeria's official language is English but there are lots of other languages used too. This section is all about communicating.

There are 5 ways to say hello to someone in Igbo. Learn one and say hello in Igbo to people you meet this week.

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The Hausa language is spoken in other African countries as well as Nigeria. Find out which ones.

Have a go at learning some common phrases in Yoruba, one of the national languages of Nigeria.

History

Nigeria has a long history. This section is all about the people and traditions that made it.

Florence Nwanzuruahu Nkiru Nwapa (1931 – 1993) is said to be the first female writer in Nigeria. Lots of her writing includes women being successful outside of traditionally female roles. Can you write your own short story that celebrates women trying something new?

In the 16th century Queen Amina ruled Zazzau, what is now north-west Nigeria. She was an Independent warrior queen and created trade routes across Northern Africa. A statue of her can be found in Lagos state and she is known as an inspiration to many women for her bravery and achievements. Have a discussion with your unit about women who inspire you.

History

Continued

This is the coat of arms of Nigeria, adopted in 1960 following Nigerian independence. Design your own coat of arms. Think about the things that represent you or your local community and make sure they're included.



- The black shield and the colourful wreath over the shield represent Nigeria's fertile soil.
- The white 'Y' shape represents the meeting of the two main rivers in Nigeria: the Niger and the Benue.
- The two supporting horses or chargers on each side represent dignity.
- The red eagle stands for the strength of the nation.
- The flowers on the green ground where the shield stands represent the beauty of the country, the flowers are yellow trumpets or *Costus spectabilis*, the national flower of Nigeria.
- The writing beneath the shield is the Nigerian national motto and was a late addition in 1978.

About the badge

Project

This is the country and year of the project

Logos and trefoils

The trefoils belong to the member organisations:
The Nigerian Girl Guides Association and Girlguiding

Background

This is made up from different habitats found in Nigeria

Bird

The black crowned crane: the national bird of Nigeria



Order Form

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- up to 5 badges £1
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- over 40 badges £4

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