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Girlguiding Hertfordshire Walking Team Newsletter Dec 2022

It Could Be You!

Do you ever look at the lovely hillwalking pictures and wish it was you enjoying the hills? Well next year, why not do it? Have a look at the dates below and pick one that suits you. Whether it's a social weekend away, navigation training in the Peak District, mountaineering in Wales, or local geocaching/social walking, there's something for everyone.

If you're just starting to think about taking your girls out, do you need some help learning how to read a

map, prepare a route card or write a risk assessment? We are thinking of running a 1 or 2 day course for beginners (16+) so let me know if you are interested and we will make it happen. (Level 1 Walking Scheme)



If you're perhaps slightly more experienced in hill walking and would like to input some ideas for the Walking Team, do shout out. New members are always welcome to join our friendly team.

...And of course there's always my job! I'm stepping down as <u>County Walking Adviser</u> so if you think you can inspire and lead the team, or would like to help and support the team, as our new <u>Walking Team Administrator</u> please get in touch to chat about it, or email <u>Jenny Maskrey</u>. I'm not leaving completely – I'll support you in my new role as Anglia Walking Adviser (shared with Moira Ledbetter from Bedfordshire) and I'll still be running events such as social walking weekends & Mountain Experience.

Talking of which, the closing date for <u>Mountain Experience</u> is looming and there are adult trainee spaces as well as for Rangers. Go for it! Get that navigation training you've been wanting to do for years.

Enjoy your walking! Alison Tuch, County Walking Adviser walking@girlguidinghertfordshire.org.uk

Events Diary

email walking@girlguidinghertfordshire.org.uk with any queries

15th Jan 'longer' Social Walk, from North Mymms Church via Shenley tea rooms for lunch—for Rangers, Young Leaders & Adults. 10am start. 9miles or just under 15km. Approx 4 hours with a café lunch stop. To book, email walking@girlguidinghertfordshire.org.uk

<u>21-22 Jan Dofe Expedition Training</u> – for all those intending to do Dofe in 2023. Indoor accommodation at Cherry Green Trees. £50. Contact <u>dofe@girlguidinghertfordshire.org.uk</u> to sign up for Dofe and for more information about expedition dates.

28 & 29 Jan 16 hour Outdoor First Aid Course @ Ellesborough Guide Centre – for those aged 16+. Much of the teaching and all scenarios will be outdoors 'on the hill' to simulate realistic incidents on steep ground, in woodland etc. Course cost £142 with funding available for those taking outdoor qualifications. Accommodation available. – Oversubscribed – could run another course 11-12 or 18-19 February if there's demand. email walking@girlguidinghertfordshire.org.uk

11-12 or **18-19** Feb Tentative dates for Level **1** Walking Scheme Course – let me know if interested. We need 6 participants to go ahead. email walking@girlguidinghertfordshire.org.uk

17-19 Mar 2023 Mountain Experience – This weekend helps Rangers, and adults alike, learn how to use maps, compasses and navigate for themselves. Whether this be in preparation for Silver or Gold DofE, or just to learn new skills. Designed to teach and inspire Rangers and adults to do more hill & mountain walking. There's also an adult training group. Stay indoors in Glenbrook Guide Centre, Hope, in the Peak District. £70 incl. Indoor accommodation, transport and all food provided. Book via this form https://forms.gle/YtMmzQZzqRocK4nN9 before 10 December.

28 Apr – **1** May ITTH– in the Peak District for Guides & Scouts. Hill walking, outdoor climbing, caving & cycling. Cost £175 (inc. food and transport) email info@itth.org.uk for further information and to apply.

19-21 May Relaxed Social Walking Weekend – for adults. Can be purely social or to help those wanting to build up log book walks at levels 1 or 2. No experience necessary. Participants need to be able to walk on undulating paths for 4 hours. Walks will be guided with navigation assistance for those who want it. Save the date. Location tbc. email walking@girlguidinghertfordshire.org.uk to register interest.

<u>31 May – 4 June 2023, Anglia Heads West</u> – A mountainous walking weekend in Snowdonia, for adult members and friends, capable of full mountain days. £50-£75 (dep on numbers) for bunkhouse accommodation at Coetmor Mill. Email Moira Ledbetter at <u>walking@girlguiding-anglia.org.uk</u> for more information / to book a place.

22-24 Sept Challenge Weekend for Rangers & Adults. Save the date. Venue under discussion - last time we did the Yorkshire 3 Peaks. Feel free to make suggestions.